



INDIVIDUAL HEALTH PLANS

PRECISION BLUE



Select Network product designed for **Greater Baton Rouge** and
Greater Monroe/West Monroe markets



2026

01MK7088 R01/26

Precision Blue plans are products of HMO Louisiana, Inc., a subsidiary of Blue Cross and Blue Shield of Louisiana. Both companies are independent licensees of the Blue Cross Blue Shield Association.



If there is any discrepancy between the information in this brochure and the policy, the policy prevails. Premium will vary with the level of benefits chosen. For complete information, please refer to the policy.

Benefits are based on allowable charges. Allowable charge is defined as the lesser of the billed charge or the amount established or negotiated by Blue Cross and Blue Shield of Louisiana and HMO Louisiana, Inc., (hereinafter Louisiana Blue) as the maximum amount allowed for all provider services covered under the terms of the policy.

NOTICE: HEALTHCARE SERVICES MAY BE PROVIDED TO YOU AT A NETWORK HEALTHCARE FACILITY BY FACILITY-BASED PHYSICIANS WHO ARE NOT IN YOUR HEALTH PLAN. YOU MAY BE RESPONSIBLE FOR PAYMENT OF ALL OR PART OF ANY FEES FOR THOSE OUT-OF-NETWORK SERVICES, IN ADDITION TO APPLICABLE AMOUNTS DUE FOR COPAYMENTS, COINSURANCE, DEDUCTIBLES AND NON-COVERED SERVICES.

SPECIFIC INFORMATION ABOUT IN-NETWORK AND OUT-OF-NETWORK FACILITY-BASED PHYSICIANS CAN BE FOUND AT **WWW.LABLUE.COM/HBP** OR BY CALLING THE CUSTOMER SERVICE PHONE NUMBER ON YOUR MEMBER ID CARD.

Utilization Management decision-making is based only on appropriateness of care and service and existence of coverage. Practitioners or other individuals are not specifically rewarded for issuing denials of coverage. Financial incentives for Utilization Management decision-makers do not encourage decisions that result in underutilization.

Welcome to Louisiana Blue

Louisiana Blue has put Louisiana first since 1934. Our mission remains true — to improve the health and lives of Louisianians. By working with local providers, we tailor our plans and services to meet the specific needs of our members. Selecting a Louisiana-based plan offers personalized care, helps invest in the local economy and our community and with 9 Regional Offices across the state, we're accessible to you. We are proud to offer:



Competitive Premiums

With more than 90 years of trusted partnerships, we work with top healthcare systems and providers to deliver high-quality products at competitive prices.



Top-Quality Doctors

Members have access to a full range of top-quality providers, specialists and clinics who coordinate care, resulting in better health outcomes.



Excellent Benefits

We offer comprehensive in-network benefits, including all essential health benefits. While staying in-network maximizes savings, we also provide out-of-network coverage. Benefits also include many preventive services covered at 100% and prescription drug coverage for medications.



Innovative Care Programs

Members can participate in wellness and care management programs that offer health coaching, education and support for those with chronic conditions and serious illnesses. We also offer exclusive discounts through our Blue365®* program to promote a healthy lifestyle.



Digital Solutions

Access your Louisiana Blue insurance faster with MyLABlue, powered by MyChart. Easily track your insurance activity, connect securely with customer service, estimate costs, check the status of your prior authorizations, search in-network providers, download your digital member ID card and much more — online, in the app or through MyChart. MyLABlue makes managing your care simple, secure and stress-free.

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Maximize Your Benefits

Louisiana Blue has one of the region's largest provider and facility networks, offering access to care at lower costs. To minimize expenses and maximize your health plan benefits, you should always use in-network providers. It's easy to find providers in our online Find Care provider directory at findcare.lablue.com by selecting your plan's network. It's important for you to always check the provider directory for the most up-to-date providers in your network. Providers are subject to change.

What Is Telehealth?

Telehealth, or virtual care, is a convenient way to be treated for routine, nonemergency health conditions or to access behavioral health services and other forms of care through an online connection. Members can look for a telehealth provider on our Find Care provider directory at findcare.lablue.com. Telehealth providers have an **"Offers Virtual Care"** indicator. To learn about your telehealth benefits, call the Customer Service number on your member ID card.



Health Savings Account (HSA)

A Health Savings Account (HSA) is a tax-advantaged account for saving on qualified medical expenses. When you choose an eligible health plan, you can put money in an HSA that will help you pay your deductible and your share of covered medical expenses. An HSA may have tax benefits for you. Refer to the benefit chart to see which plans are HSA-eligible.

MySmart\$averSM HSA is administered by HealthEquity.* We recommend **MySmart\$averSM** to help you successfully save for qualified medical expenses now and into retirement. For more information, visit www.lablue.com/shop-plans or call HealthEquity Customer Service at 1-866-346-5800.

*HealthEquity, Inc., is an IRS authorized non-bank custodian of HSAs, and the preferred HSA custodian for eligible Louisiana Blue members enrolled in our high-deductible health plans. Members who qualify may open an HSA with any HSA trustee or custodian and should seek guidance from a tax professional or financial advisor. See IRS Publication 969 for more about HSAs. Blue Cross and Blue Shield of Louisiana and HealthEquity are not engaged in rendering tax, legal or investment advice.

Understanding Key Terms

These are the terms you need to know to help you understand your plan.

- **Premium:**

A premium is the monthly payment you must pay for your plan.

- **Copayment:**

If your plan has a copayment, or copay, you pay a set dollar amount, or flat fee, for some kinds of care, such as at your doctor's office or pharmacy. Your copayment will be a lower amount for a primary care provider and higher for specialists.

- **Deductible:**

If you choose a plan with a deductible, this is the amount you must pay up front before your insurance pays for your care. If your plan also has copayments, these copays will not count toward your deductible. Your plan will have an in-network deductible and a separate out-of-network deductible.

- **Coinsurance:**

Once you've paid your deductible, you'll pay a set percentage, or coinsurance, for your care. You will pay the lowest coinsurance amount when you stay in-network for care.

- **Out-of-Pocket Maximum:**

What you pay toward your medical and pharmacy deductibles, copayments and coinsurance applies to your out-of-pocket maximum. Once you've reached your out-of-pocket maximum, your insurance will pay 100% of the cost of covered care for the remainder of the calendar year. A separate out-of-pocket maximum will apply for services you receive out of your network.

- **Coordination of Benefits:**

Dual health coverage is becoming more common because of working couples with dual incomes, working Medicare beneficiaries and the extension of dependent coverage to children up to age 26. When this happens, Louisiana Blue has guidelines to determine which plan will pay primary and which plan will pay secondary. These rules are outlined in the "coordination of benefits" provisions in your contract, the document that explains your benefits and how they are determined.

- **Authorization:**

A determination regarding your admission, continued hospital stay or other healthcare service or supply which, based on the information provided, satisfies the medical necessity clinical review criteria requirement, appropriateness of the healthcare setting or level of care and effectiveness. An authorization is not a guarantee of payment and is not a determination about your choice of provider.

Individual Health Plans

All Louisiana Blue plans cover Essential Health Benefits including:

Essential Health Benefits*

- **Office visits:**

A visit to your doctor's office.

- **Prescription drugs:**

Drugs prescribed by a doctor to treat an acute illness, like an infection, or an ongoing condition, like high blood pressure.

- **Preventive and wellness services and chronic disease management:**

These services include routine physicals, screenings and immunizations. Chronic disease management is an integrated approach to manage an ongoing condition, like asthma or diabetes.

- **Hospitalization:**

Care you receive as a patient in a hospital.

- **Emergency services:**

Care for conditions which, if not immediately treated, could lead to serious disability or death.

- **Lab tests, blood work, X-rays:**

Testing blood, tissues, etc., from a patient to help a doctor diagnose a medical condition and monitor the effectiveness of treatment.

- **Maternity and newborn care:**

Care provided to women during pregnancy and during and after labor; care for newly born children.

- **Mental healthcare and substance use disorder services, including behavioral health treatment:**

Care to evaluate, diagnose and treat mental health and substance use disorders.

- **Pediatric dental and vision services:**

All plans include benefits for annual pediatric eye exams, glasses, dental exams, cleanings, fluoride treatment, fillings and oral surgery.

- **Rehabilitation services and devices:**

Services and devices to help people with injuries, disabilities or chronic conditions gain or recover mental and physical skills.

*Certain limitations and exclusions apply to Essential Health Benefits.

Getting Started With Precision Blue

Select Network products are popular for their cost savings and localized, high-quality care. Precision Blue is part of our Select Network products, created and designed to save you and your family money. Precision Blue plans are more affordable than traditional PPO plans due to our partnership with select doctors and hospitals. Precision Blue plans offer the same level of care and benefits as broader network plans.

Precision Blue is a great fit if you:

- Reside in the Precision Blue service area
- Are willing to seek care from in-network primary care providers (PCPs), specialists and local hospitals in exchange for lower premiums
- Are willing to choose a PCP to handle most of your medical needs when sick or injured and work with them to get the most value from your plan
- Are willing to check our Find Care provider directory at **www.lablue.com/precision-blue** before a doctor visit or hospital stay to find providers in the Precision Blue network. Precision Blue accesses the Precision Blue HMO/POS network.



Understand Your Plan

Precision Blue offers two tiers of in-network benefits. When you choose care within the plan's network, your cost share is lower than if you select out-of-network care. Here's how it works:

- **Enhanced Tier 1 (ET1):**
Enhanced Tier 1 includes FMOLHS primary care providers (PCPs) and specialists.
- **Tier 1 (T1):**
Tier 1 includes FMOLHS facilities, as well as in-network participating PCPs and specialists who are not in Enhanced Tier 1.

Our online provider directory makes it easy to identify Enhanced Tier 1 and Tier 1 providers. Please visit **www.lablue.com/precision-blue**.

Prescription Drug Coverage

Precision Blue plans include prescription drug coverage. Before you go to the pharmacy, see your plan's covered drug list, or formulary, that includes thousands of generic and brand drugs at www.lablue.com/pharmacy. Not every drug is covered. Drug benefits are managed by Express Scripts.* A mail order program is also available.

Two things a covered drug list can tell you:

1. If there are other drugs you can take for your health condition that cost you less.
2. If there are any rules that you must follow before a drug may be covered.

Prescription Drug Structure

Your plan has either 2 cost tiers or 4 cost tiers for drugs. Drugs in the lower tiers cost less than drugs in the higher tiers. To save money, members must start with a drug in Tier 1.

| 2-Tier Pharmacy Plans | | | 4-Tier Pharmacy Plans | | |
|---|----------|---------------|---|----------|--|
| Coinsurance will apply once your deductible is met. | | | A separate drug deductible may apply, then copayments or coinsurance. | | |
| Tier 1 | \$ | Generic drugs | Tier 1 | \$ | Primarily generic drugs, although some brand-name drugs may fall into this category |
| Tier 2 | \$\$ | Brand drugs | Tier 2 | \$\$ | Brand drugs |
| Tier 3 | \$\$\$ | | Tier 3 | \$\$\$ | Primarily brand drugs that may have a therapeutic alternative that is in Tier 1 or Tier 2, although some generic drugs may fall into this category. Covered compounded drugs are included in this tier |
| Tier 4 | \$\$\$\$ | | Tier 4 | \$\$\$\$ | High-cost brand or generic drugs that are identified as specialty drugs |

\$0 Dollar Drug Copay Program

Our \$0 Drug Copay Program offers \$0 copay for certain drugs used to treat certain chronic conditions. Members do not have to meet a deductible before getting program drugs for \$0. Drugs in this program are regularly recommended to treat asthma, chronic obstructive pulmonary disease (COPD), coronary heart disease, diabetes, heart failure, depression and other common chronic conditions. The \$0 Drug Copay Program is available for copay-based pharmacy benefits. The program is not available for coinsurance-only pharmacy benefits. Go to www.lablue.com/covereddrugs for a list of drugs in the program.

*Express Scripts is an independent company that provides pharmacy benefit management services to Blue Cross and Blue Shield of Louisiana and HMO Louisiana, Inc.

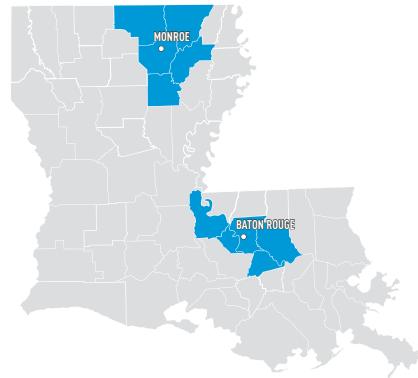
Precision Blue Network*

Service Area, Doctors and Hospitals

Precision Blue plans are designed for members who live in:

Greater Baton Rouge

Ascension, East Baton Rouge, Livingston, Pointe Coupee or West Baton Rouge. *Providers include:*



- Our Lady of the Lake Regional Medical Center
- Our Lady of the Lake Children's Hospital
- Our Lady of the Lake Ascension
- Our Lady of the Lake Livingston
- Our Lady of the Lake Physician Group
- Mary Bird Perkins Cancer Center
- Lake After Hours and Urgent Care
- Lake Imaging Center
- Lake Surgery Center
- Baton Rouge Physical Therapy-Lake
- Surgical Specialty Center of Baton Rouge
- Pinnacle Home Health
- Pinnacle Hospice
- The Baton Rouge Clinic
- Louisiana Women's Healthcare
- Woman's Hospital

Greater Monroe/West Monroe

Caldwell, Morehouse, Ouachita, Richland or Union. *Providers include:*

- St. Francis Medical Center
- Monroe Surgical Center

Precision Blue members have access to the Franciscan Missionaries of Our Lady Health System (FMOLHS) and other participating providers. FMOLHS includes Our Lady of the Lake, St. Francis Medical Center and various clinical programs and affiliated facilities. These providers are supported by Health Leaders Network, an organization that focuses on improving clinical quality, patient experience and lowering costs through coordinated care management. Coordinated care enables FMOLHS providers and hospitals to collaborate effectively, ensuring each member reach their ideal health.

Although the Precision Blue product is only offered in the Greater Baton Rouge and Greater Monroe/West Monroe areas, members can also access Precision Blue network providers in other parishes.



Franciscan
Missionaries
of Our Lady
HEALTH SYSTEM



Health Leaders
Network
Partnership for
Population Health

*Always check the online provider directory for the most up-to-date providers in each network. Providers are subject to change.

Plan Design*

Plan designs cover preventive care services at 100%. While members are strongly encouraged to stay in-network, all plans include out-of-network coverage.

| METAL LEVEL | BRONZE | | BRONZE | | SILVER | | | | | |
|---|---|----------|--|----------|---|----------|--|--|--|--|
| Plan name | Precision Blue 90/70 \$9,900 With 2 \$0 PCP Virtual Visits (M); HSA Eligible | | Precision Blue Copay (PCP) 50/50 \$7,500 Standardized (BR)(M) HSA Eligible | | Precision Blue Copay (PCP) 60/40 \$6,000 Standardized (BR)(M) | | | | | |
| | Single | Family | Single | Family | Single | Family | | | | |
| In-network deductible | \$9,900 | \$21,200 | \$7,500 | \$15,000 | \$6,000 | \$12,000 | | | | |
| In-network out-of-pocket maximum | \$10,600 | \$21,200 | \$10,000 | \$20,000 | \$8,900 | \$17,800 | | | | |
| | We pay | You pay | We pay | You pay | We pay | You pay | | | | |
| In-network coinsurance | 90% | 10% | 50% | 50% | 60% | 40% | | | | |
| 2 \$0 PCP virtual visits (includes PCP, urgent care, and behavioral health visits) | Yes | | No | | No | | | | | |
| In-network primary care visit | Deductible, then in-network coinsurance | | ET1: \$50 per visit T1: \$50 per visit | | ET1: \$40 per visit T1: \$40 per visit | | | | | |
| In-network specialist visit | Deductible, then in-network coinsurance | | ET1: \$100 per visit T1: \$100 per visit | | ET1: \$80 per visit T1: \$80 per visit | | | | | |
| In-network urgent care | Deductible, then in-network coinsurance | | \$75 per visit | | \$60 per visit | | | | | |
| Emergency room care | Deductible, then in-network coinsurance | | | | | | | | | |
| In-network hospital stay | Deductible, then in-network coinsurance | | | | | | | | | |
| In-network outpatient surgery | Deductible, then in-network coinsurance | | | | | | | | | |
| HSA eligible | Yes | | Yes | | No | | | | | |
| PHARMACY BENEFITS | | | | | | | | | | |
| Drug deductible per member | No separate drug deductible; medical deductible applies | | | | | | | | | |
| Tier 1 | Deductible, then 10% coinsurance | | \$25 copay; deductible does not apply | | \$20 copay; deductible does not apply | | | | | |
| Tier 2 | Deductible, then 30% coinsurance | | \$50 copay | | \$40 copay; deductible does not apply | | | | | |
| Tier 3 | Not applicable | | \$100 copay | | \$80 copay | | | | | |
| Tier 4 | Not applicable | | \$150 copay | | \$125 copay | | | | | |

*This is only a partial list of benefits and services covered. Separate in-network and out-of-network deductibles and out-of-pocket maximum will apply. Please see your contract for a complete list of covered services, benefits, limitations and exclusions, as well as how a member or ordering practitioner on behalf of a member may request a review for an override of coverage exclusions.

NOTE: If there is any discrepancy between the information in this brochure and the contract, the contract prevails.

(BR) = plan sold in Baton Rouge market (M) = plan sold in Monroe market

Plan Design* (continued)

Plan designs cover preventive care services at 100%. While members are strongly encouraged to stay in-network, all plans include out-of-network coverage.

| METAL LEVEL | SILVER | | SILVER (Sold Off-Exchange Only) | | GOLD | | | | | |
|---|--|----------|--|----------|---|----------|--|--|--|--|
| Plan name | Precision Blue 80/60 \$3,200 With 2 \$0 PCP Virtual Visits (BR)(M) | | Precision Blue Copay (PCP) 70/50 \$3,200 With 2 \$0 PCP Virtual Visits (BR)(M) | | Precision Blue Copay (PCP) 75/55 \$2,000 Standardized (BR)(M) | | | | | |
| | Single | Family | Single | Family | Single | Family | | | | |
| In-network deductible | \$3,200 | \$9,600 | \$3,200 | \$9,600 | \$2,000 | \$4,000 | | | | |
| In-network out-of-pocket maximum | \$9,100 | \$18,200 | \$9,900 | \$19,800 | \$8,300 | \$16,600 | | | | |
| | We pay | You pay | We pay | You pay | We pay | You pay | | | | |
| In-network coinsurance | 80% | 20% | 70% | 30% | 75% | 25% | | | | |
| 2 \$0 PCP virtual visits (includes PCP, urgent care, and behavioral health visits) | Yes | | Yes | | No | | | | | |
| In-network primary care visit | Deductible, then in-network coinsurance | | ET1: \$15 per visit T1: \$30 per visit | | ET1: \$30 per visit T1: \$30 per visit | | | | | |
| In-network specialist visit | Deductible, then in-network coinsurance | | ET1: \$55 per visit T1: \$70 per visit | | ET1: \$60 per visit T1: \$60 per visit | | | | | |
| In-network urgent care | Deductible, then in-network coinsurance | | \$70 per visit | | \$45 per visit | | | | | |
| Emergency room care | Deductible, then in-network coinsurance | | | | | | | | | |
| In-network hospital stay | Deductible, then in-network coinsurance | | | | | | | | | |
| In-network outpatient surgery | Deductible, then in-network coinsurance | | | | | | | | | |
| HSA eligible | No | | No | | No | | | | | |
| PHARMACY BENEFITS | | | | | | | | | | |
| Drug deductible per member | No separate drug deductible; medical deductible applies | | | | | | | | | |
| Tier 1 | Deductible, then 20% coinsurance | | Deductible, then 30% coinsurance | | \$15 copay; deductible does not apply | | | | | |
| Tier 2 | Deductible, then 40% coinsurance | | Deductible, then 50% coinsurance | | \$30 copay; deductible does not apply | | | | | |
| Tier 3 | Not applicable | | Not applicable | | \$60 copay; deductible does not apply | | | | | |
| Tier 4 | Not applicable | | Not applicable | | \$100 copay; deductible does not apply | | | | | |

*This is only a partial list of benefits and services covered. Separate in-network and out-of-network deductibles and out-of-pocket maximum will apply. Please see your contract for a complete list of covered services, benefits, limitations and exclusions, as well as how a member or ordering practitioner on behalf of a member may request a review for an override of coverage exclusions.

NOTE: If there is any discrepancy between the information in this brochure and the contract, the contract prevails.

(BR) = plan sold in Baton Rouge market (M) = plan sold in Monroe market

Key Insights Before You Seek Care

To receive the highest level of benefits, it's important to stay in your network. Always check the Find Care online provider directory at findcare.lablue.com or visit www.lablue.com/precision-blue for the most up-to-date providers in your network. Providers are subject to change.

Before you get care, consider your options and costs:



| Primary Care Provider (PCP) or Specialist | Urgent Care | Emergency Room (ER) |
|---|--|---|
| \$ | \$\$ | \$\$\$\$ |
| Provides ongoing care for non-emergent health issues. Focuses on preventive care and managing chronic conditions. | Provides care for minor illnesses or injuries that need to be looked at quickly but are not life-threatening. Most urgent care centers have night and weekend hours. They often do X-rays, lab work or stitches. | Provides care for life-threatening illnesses and injuries. Call 911 or go to the nearest emergency room. Emergency care is covered anywhere. However, authorization for an emergency inpatient admission must be requested within 48 hours of hospital admission. |

Planned Stays in the Hospital

- In-Network Hospital:** As long as you're staying at an in-network hospital and your doctor receives an authorization from us before your stay, you will get in-network benefits.
- Out-of-Network Hospital:** If the hospital is outside of your network, you will need prior authorization to determine whether your stay is medically necessary. You will pay higher out-of-network costs. You may also be balance billed.

Lab Services

Out-of-network lab tests may have higher costs and even billed charges. Pay less by going to an in-network laboratory.

Prior Authorization

We may require prior authorizations (PA) to determine the medical necessity for inpatient and outpatient services or for supplies. Find a list of the services and supplies that require a PA on your schedule of benefits. In-network providers will process a required PA for you.

Essential Programs, Tools and Resources*

Find Care

Search your network to find a provider for the care you need. When you see a provider in your plan's network, you save money and get the most out of your benefits. You can search common medical procedures to see cost estimates based on your benefits. You can also get drug cost information based on your pharmacy benefits.

Log into your member account at www.lablue.com or visit findcare.lablue.com to use the Find Care Provider Directory and Cost Estimator Tools.

Selecting a Primary Care Provider

Members must choose a PCP. If you do not choose a PCP, one will be chosen for you. Members can change their PCP at any time by logging into their account at my.lablue.com or by calling the Customer Service number on the back of their member ID card.



Quality Blue Program

Quality Blue works with general practice, family practice, internal medicine, pediatric medicine and geriatrics providers to improve health outcomes and provide affordable access to quality care. If you are seeing a Quality Blue provider, you are already part of the program. We securely share members' health information to Quality Blue providers to help them understand their medical history and any updates since the last visit, ensuring they receive the care they need. Visit www.lablue.com/QualityBlue to learn more about how this program can help you.

Members can look up a provider's name on our Find Care provider directory at www.lablue.com/precision-blue. Quality Blue providers have an indicator as shown below:

QUALITY BLUE PROVIDER

If you have questions about how Louisiana Blue may share your claims information with your provider's office, please call the Louisiana Blue Information Governance Office at (225) 298-1751.

Care Management

If you have diabetes, heart disease, traumatic injuries, serious illnesses or other chronic conditions, our care management programs help guide you through the healthcare system and get the services you need in a timely manner. Members do not pay anything to work with a health coach. Visit www.lablue.com/managingcare to learn more.

*This is not an inclusive list, and options may vary based on the plan(s) you have.

Preventive and Wellness

Visit www.lablue.com/preventive for a full list of preventive and wellness services covered at 100% when you go to an in-network provider.

Blue365®: Healthy Discounts and Deals

Blue365®* offers discounts on health and wellness resources 365 days a year. Register for a free online account at www.blue365deals.com/lablue to access these exclusive discounts.

Digital Solutions

MyLABlue, Louisiana Blue's enhanced digital platform powered by MyChart, simplifies the way you manage health insurance.

With MyLABlue, you can:

- Send secure messages to customer service
- Check prior authorizations
- Give family members or caregivers instant access to your information
- Get an up-front personal estimate of medical care costs
- And still do the essentials — view your claims, benefits and in-network providers, and download your digital member ID card.

Already using MyChart? After you activate your account, you can add MyLABlue to your MyChart app and access your health insurance information in one place!

BlueCard® Program

BlueCard® is a national program that allows you to receive healthcare services while traveling or living in another Blue Plan's service area. The program links participating healthcare providers with independent Blue Plans across the country and in nearly 200 countries and territories worldwide through a single electronic network.

With Precision Blue plans, unless it is emergency care, care obtained outside your Louisiana HMO network will be paid at the out-of-network benefit level.

For more information visit www.lablue.com/find-a-doctor/blue-card-program.

Language Access Services

You can request this brochure in a language other than English. Check the bottom of any page at www.lablue.com and click the language of your choice for this and other services or call the Customer Service number on your member ID card. If you are hearing impaired, call 1-800-711-5519 (TTY 711).

FREE Identity Protection Services

We offer free identity protection services to all eligible members, in partnership with Experian. It includes fraud alerts with credit monitoring and identity repair and restoration services if you are the victim of identity theft. The identity protection applies to all parts of life, not just healthcare. Learn more at www.lablue.com/idprotection.

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Trust Louisiana Blue With More Than Medical Benefits

Louisiana Blue offers an array of ancillary products, including dental plans that enhance overall health and reduce medical costs. Regular dental exams can detect many health conditions such as cavities, tooth loss, bad breath, costly dental procedures, gum disease (linked to heart disease, diabetes, respiratory issues) and oral cancer.

Additionally, Louisiana Blue offers international health plans through Blue Cross Blue Shield Global SolutionsSM (BCBS Global SolutionsSM),* ensuring you have coverage when traveling outside the United States.

Visit www.lablue.com/shop-plans for more information and consult your agent for details.

We're Here to Help!

With Louisiana Blue, you'll have the guidance and support you need.



Your Agent

Get personal assistance from your agent, who can answer your questions, help you choose the plan that's right for you and guide you through the enrollment process — **at no cost** to you! Don't have an agent? Call 1-800-821-2758 and we can connect you with someone to help.



Online

Your online account lets you manage your account, pay bills, order member ID cards, review your benefits and see claims status. It also gives you exclusive access to wellness tools and discounts. Go to my.lablue.com today to register for your account. For answers to your questions online, visit www.lablue.com/contactus to submit a secure online inquiry form.



By Phone

Help is just a phone call away. Call Customer Service toll-free at 1-800-495-2583 from 8 a.m. to 5 p.m. CST, Monday through Friday.

If you have questions about how Louisiana Blue will protect and may use or disclose your confidential/protected health information and individually identifiable health information, please visit www.lablue.com/privacy.

*Blue Cross Blue Shield Global Solutions is the trade name of Worldwide Insurance Services, LLC (Worldwide Services Insurance Agency, LLC in California and New York), an independent licensee of the Blue Cross and Blue Shield Association. Blue Cross Blue Shield Global Solutions is a Brand owned by the Blue Cross and Blue Shield Association. Blue Cross Blue Shield Global Solutions is the administrator of coverage provided under insurance policies issued in the District of Columbia by 4 Ever Life International Limited, Bermuda, an independent licensee of the Blue Cross and Blue Shield Association. This coverage is offered to the members of the Global Citizens Association, Washington, D.C.



Customer Service

1-800-392-4087
help@lablue.com

BATON ROUGE

(225) 295-2527

5525 Reitz Ave.
Baton Rouge, LA 70809

MONROE

(318) 398-4955

122 St. John St.
Monroe, LA 71201

www.lablue.com