EXPLORE THE WORLD WITH CONFIDENCE IN YOUR COVERAGE.

BlueCross BlueShield Global Solutions℠

Before you venture outside the United States, it's important to have a health plan that can go the distance with you. Here's an easy way to think of it: If you need a passport, you need an international health plan. That's where **Blue Cross Blue Shield Global Solutions℠ (BCBS Global Solutions℠)** health plans come in. You'll get peace of mind knowing you have health insurance that's specially designed for seeing the world.

PLANS INCLUDE:

- Coverage up to age 95 (age limit varies by plan)
- Flexible options that may include coverage for pre-existing conditions
- Access to quality doctors and hospitals in 190 countries
- Telemedicine services for free nonemergency care
- Convenient, self-service mobile app and member website to help you locate doctors and hospitals, translate medicines, request payment to providers and more
- Coverage for medical evacuation, if needed
- 24/7/365 support

SHORT-TERM PLANS FOR INDIVIDUALS AND FAMILIES

Medical Coverage for Travel: Single Trip*

- Comprehensive coverage for an international trip of up to 182 days
- Coverage options for pre-existing conditions

Medical Coverage for Travel: Multi-Trip*

- Comprehensive annual plan for an unlimited number of trips
- Plan covers up to the first 70 days of each trip
- Coverage options for pre-existing conditions

For more information visit
lablue.com/shop-plans/travel-health-plans

LOUISIANA BLUE

LONG-TERM PLANS FOR INDIVIDUALS AND FAMILIES

Medical Coverage for Living Abroad: Worldwide Premier and Outside the United States

- Annual complete health insurance plan for individuals and families who intend to be outside their home country for at least 3 months a year
- Plan options offer worldwide coverage, with and without United States coverage

Medical Coverage for Living Abroad: Worldwide Education

Complete, affordable worldwide annual plan designed for those who intend to study or teach outside their home country for at least 3 months each year

Medical Coverage for Living Abroad: Worldwide Crew

Complete, affordable worldwide annual plan designed for maritime crew members who intend to be outside their home country for at least 3 months each year

Medical Coverage for Living Abroad: Worldwide Nonprofit

Complete, affordable worldwide annual plan designed for NGOs, missionaries and those involved in humanitarian work who intend to be outside their home country for at least 3 months each year

*Medical Coverage for Travel products have different benefit levels (Gold and Platinum) and a group discount for individual travelers of 5+.

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Telemedicine services are provided by Teladoc Health, directly to members. Blue Cross Blue Shield Global Solutions assumes no liability and accepts no responsibility for information provided by Teladoc Health and the performance of the services by Teladoc Health. Support and information provided through this service does not confirm that any related treatment or additional support is covered under a member's health plan. This service is not intended to be used for emergency or urgent treatment medical questions.

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